

GET CAKED!

Final Information Pack



**5 mile muddy
obstacle challenge**



**Sledmere House,
Driffield**



**Sunday
16th April**

Don't forget to set up your online fundraising page

www.justgiving.com/campaign/Getcaked23

Just click **START FUNDRAISING**



£206 could pay for a morning of high quality care on the Wilberforce Inpatient Unit.



£130 could pay for a session with the Family Support Team before and after a loved one dies.



£62 could pay for a complementary therapy session to help a patient relax.

If you need anything before the event just get in touch:



01482 785795



getcaked@dovehouse.org.uk



**dovehouse
hospice**

caring for people with a life limiting illness



The main spectator area is the start / finish line .

Spectators **MUST NOT** climb or access any obstacles.

On The Day

- **Sponsorship forms can be handed in on the day**
- **Waiver / Emergency contact sheet
MUST BE COMPLETED AND HANDED IN AT REGISTRATION**



We ask that you bring your own drinks or a reusable water bottle which can be filled at the Start/Finish area and mid way around the course.



There will be toilets and basic changing facilities at the Start/ Finish area.



If you have pre ordered t-shirts you will pick up your t shirt on the day –look out for the collection point. Please be aware T-shirts have been ordered to your requested size and cannot be changed on the day.

There may be some available on the day to purchase
– subject to availability



There will be an area to safely store small items such as car keys but we cannot store bags, phones or spare clothes. Cars will be parked close by on the same field.

**IF YOU REGISTERED MORE THAN ONE PERSON
- YOU WILL RECEIVE THIS FOR ALL OF YOUR GROUP.**

Thank
You!

Thank you again for choosing to support Dove House Hospice. If you would like any to hand in any sponsor money on the day, please pick up a paying in slip: pop it in an envelope with your name on and hand in to the team on the day (at the key storage area).

Good luck with your fundraising and we look forward to seeing you soon.

If you can no longer make the date for any reason please let us know ASAP.



We might have to limit the number of people taking on each obstacle at a time. The first obstacles are designed to split you up a bit so please don't rush to keep up with everyone in your time slot, some people may complete the challenge faster.



Refreshments

As well as cake on the finish line, you can celebrate getting caked with pizza, burgers or a cup of tea!

The Two Tossers bring the fun to pizza and we are happy to have them attending the event. They specialise in Neapolitan style pizzas and we assure you they will have something mouth-watering for you to sink your teeth into once you've completed the Get Caked course.

Chefs by Trade cook mouth-watering burgers, burritos and gyros – all fresh and homemade.

Dreamshaker know what they're doing when it comes to ice cream. They're bringing all this amazingness to our event on Sunday and we really can't wait! Once you've finished your run, cool down with a delicious frozen treat!

We advise you bring cash to be able to enjoy the above yummy food.



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